



ASPERGER'S ASSOCIATION OF NEW ENGLAND

85 Main Street, Suite 101 • Watertown, MA 02472 • P: (617) 393-3824 • F: (617) 393-3827 • info@aane.org • www.aane.org

The Asperger's Association of New England is piloting a new program. The Life Management Assistance Program (LifeMAP) will provide practical assistance to adults diagnosed with Asperger's Syndrome who are **NOT** eligible for DDS (formerly DMR - The Department of Mental Retardation) services. This assistance will take the form of intensive, highly individualized coaching with a focus on identifying and overcoming specific barriers each client is facing. The goal of LifeMAP will ultimately be to empower adults with AS and increase their level of independence.

LifeMAP participants will receive up to 4 hours of personalized coaching per week. During those 4 hours clients and coaches will set concrete, obtainable goals to work on. This can take the form of, but will not be limited to, organizing one's papers, cleaning one's apartment, connecting to new social groups, support to make phone calls / pay bills, etc. Coaching will take place where ever the goals dictate, be it the AANE offices, the client's home or in the community.

AANE's hope is that LifeMAP coaching may help reduce the stress that goes hand in hand with living as an adult with Asperger's Syndrome. By supporting participants to create and implement sustainable systems for trouble areas while focusing on individual strengths LifeMAP will provide new opportunities for personal growth.

Participation in the pilot LifeMAP program will be determined by an initial application and follow-up interview. All applications must be returned to AANE's main offices for consideration.

Completed applications can be faxed to: (617) - 393-3827 / Attention LifeMAP

mailed to: Asperger's Association of New England

LifeMAP

Suite 101

85 Main St

Watertown, MA 02472

For more information on LifeMAP or for a digital application please email: Jamie.Freed@aane.org or Dan.Croft@aane.org

• OR •

Request an application be sent by mail by calling

617-393-3824 Ex: 310

Or writing to:

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LifeMAP

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85 Main St.

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